# LAGNIAPPE Monthly Employee News



# Slips, Trips, and Falls

By: Jeremy Olivier, Lofton Safety Services



Slips, trips, and falls are among the most common hazards in the workplace. They put many workers at risk of sprains, strains, cuts, bruises, fractures, and other injuries. At worst, they can lead to death, especially in high -risk occupations such as construction. Slips, trips, and falls are consistently ranked in the top three causes of non-fatal workplace injuries. They are the second leading cause of fatal accidents behind only transportation incidents.

Slips occur when there is little to no traction between the footwear and the walking surface. Since the friction is too small to hold their feet on the ground, a person can lose their balance. Causes of slips are wet or muddy floors, loose mats or rugs, sloped or uneven floors, ramps, and smooth surfaces such as ceramic or concrete.

**Trips** happen when a person's foot hits an object or steps down to a lower, uneven surface. Cluttered floors, obstructed views, poor lighting, uncovered cables, wires, hoses, and extension cords are all contribu-

#### tors to tripping.

Falls happen when someone drops from an elevated working surface. Falls can happen on the same level, such as a fall from a step stool or ladder. Or, someone may fall to a lower level than their original work surface. An example would be a fall from a roof. Damaged or unsafely positioned ladders are major contributors. So are improper railings or unguarded ledges.

Some ways to prevent slips, trips, and falls are:

- Practice good housekeeping. Remove clutter on the floor. Keep drawers, cabinets, and other storage items closed when not in use. Throw away trash in the right bin. Put boxes away from the main halls. Hide cables, extension cords, and wires in protective covers.
- Place proper lighting in access and egress points such as halls, ramps, stairs, and exits.
- Install safety signs and markers to prevent slips, trips, and falls in hazardous spaces. For example, establishments may place the "Caution: Wet Floor" sign to alert guests of slippery floors.
- In case of spills, be sure to have them cleaned as soon as possible. Mop and sweep or dry any substance on the floor that could reduce traction.
- Aside from keeping the floors clean, it is important that workers have proper footwear. The right shoes protect their feet from harmful elements that can cause them to slip, trip, or fall. The American National Standards Institute (ANSI) requires the use of non-slip shoes with good traction. Moreover, avoid wearing sandals, canvas shoes, high heels, and open -toed shoes while on work surfaces. These types of footwear can increase one's risk of getting injured.
- Maintain and improve floor quality. Paying attention to the quality of walking and working surfaces. Inspect floors regularly for cracks, holes, missing blocks, uneven surfaces, and other hazards that can trip people. Consider installing resilient, nonslippery flooring.

#### July 2025

July 4 Independence Day



Lofton offices will be CLOSED Friday, July 4th in observance of Independence Day.

When in the Course of human events, it becomes necessary for one people to dissolve the political bands which have connected them with another, and to assume among the powers of the earth, the separate and equal station to which the Laws of Nature and of Nature's God entitle them, a decent respect to the opinions of mankind requires that they should declare the causes which impel them to the separation.

We hold these truths to be selfevident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness.

Fireworks in the United States By: Julie East, Corp. Marketing & Recruiting

Did you know that the dazzling fireworks we enjoy today have a long and storied history in the United States? In 1608, Captain John Smith set off the first recorded fireworks in Jamestown, Virginia. This was the beginning of America's love affair with fireworks! This continued through the 1700s where fireworks started gaining popularity across the colonies, adding sparkle to various celebrations. It was in 1777, in commemoration of the signing of the Declaration of Independence in 1776, that Philadelphia hosted the first official Independence Day celebration featuring fireworks, marking a tradition that continues to this day.

Staffing Lofton Security

From colonial days to modern times, fireworks have lit up the skies, turning moments into memories and celebrations into spectacles. May you light up the sky this 4th of July and celebrate our Independence!



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#### Proud to be an American

By: Glenda Lofton, Ph.D.

The Lofton family immigrated to this nation on July 12, 1636, when Leonard Loftin, at the age of 20, arrived in America aboard the ship "West" and settled in Pennsylvania - just 16 years after the Pilgrims. According to tradition, the Loftins/Loftons, similar to the Pilgrims, initially traveled to Holland seeking religious freedom, before a branch returned to Yorkshire, England, and subsequently made their way to America. Leonard's descendants played an active role in the development of a young nation; one of the sons from whom our family descends moved to North Carolina and served in the colony's General Assembly. Nearly 368 years later, Leonard Loftin's legacy continues.

The Fourth of July serves as a wonderful opportunity to reflect on our heritage and the values we pass on to our children and grandchildren. Being an American entails responsibility alongside opportunities, helping us understand and renew our commitment to the fundamental values and principles that have inspired generations before us. It's a time to remember the struggles and sacrifices that have shaped our nation and to celebrate the freedoms we hold dear. As fireworks light up the sky, we are reminded of the bravery and vision of those who dreamed of a land where liberty and justice could flourish.



"And I'm proud to be an American where at least I know I'm free. And I won't forget the men who died, who gave that right to me. And I'd gladly stand up next to you and defend her still today, 'Cause there ain't no doubt I love this land. God bless the USA."

In George Washington's farewell address on September 19, 1796, he stated that *"Religion and Morality are indispensable supports to political prosperity,"* noting that national morality cannot thrive without religious principle. America is a government of the people, by the people, and for the people. Are we nurturing our talents to be valuable to those around us and to our country? Are we staying informed and exercising our right to vote? What legacy are we leaving for our descendants?

These questions compel us to reflect on the role each individual plays in the grand tapestry of our nation's history. It is not merely about the freedoms we enjoy, but about how we use those freedoms to contribute positively to society. By nurturing our talents, we enrich our communities and ensure that our contributions leave a lasting impact. Lofton was founded on these principles. When we help others (through employment) we help ourselves (building a strong community).

The legacy we leave is built on the actions we take today. Are we teaching our children the importance of civic duty and moral responsibility? Do we encourage them to value empathy, justice, and equality? Our actions and attitudes today will echo through the generations that follow, shaping the society they will inherit.

As we ponder these questions, let us strive to embody the virtues that have guided our ancestors - courage, perseverance, and integrity. In doing so, we can ensure that the legacy we pass down is one of hope, resilience, and unity, creating a nation that continues to be a beacon of freedom and opportunity for all. Let us take pride in our collective achievements while recognizing the work that still lies ahead. Together, we can strive to build a nation that reflects the best of our ideals, ensuring that the promise of America remains bright for all who call it home.

### Major Medical Open Enrollment

Open enrollment will be held in August for UMR major medical coverage. Open enrollment dates will be announced later this month. Remember, this is the only time you can add, drop or make coverage changes.

# You've Been Caught!

Shout-out to Jeffrey Hebert, RN., Medical Trainer in Lafayette. Co-President, Bret Lofton received a handwritten card from a local dentist stating, "Today I had the privilege of attending a BLS course at your facility conducted by Mr. Jeffrey Hebert, RN." He went on to say that he has attended 22 BLS courses, but none like this. "This was the first time I did NOT leave more confused than when I arrived. He was the best in my 44 years in dentistry."

This is not the first time Jeff has been praised for his classes. Jeff has been a great addition to the Lafayette Medical Training Team, and we hope to have the privilege to continue this partnership!



Congratulations, Jeff! This is the First Class service our clients and students have come to LOVE about Lofton. We are blessed to have you part of our team!

Another shout-out in Lafayette goes to **Tiffany Wood, Security Coordinator.** Tiffany volunteered to take over security placements 2 years ago. Since taking the Security Coordinator role, she has built strong relationships with our officers, streamlined the onboarding

process, in addition to saving our clients on their bottom line! Tiffany treats every officer with respect and understanding, all with grace and a smile.

Thank you, Tiffany for everything you do for our officers, clients and for being such a positive influence for everyone in the office.

## The Dunlap Broadside

The Declaration of Independence is one of our most treasured documents in our American history. Did you know that the document had to be printed and distributed throughout the colonies?

Once the members of the 2nd Continental Congress signed the official document, an approved draft was sent to a local printer named John Dunlap. The declaration copies, known as the "Dunlap Broadside," were printed with John Hancock's name printed at the bottom. It is estimated that around 200 copies were made - enough to be distributed among the new states and troops. The document was ordered to be read aloud and posted throughout public areas.

That is why the Declaration has the words, "IN CONGRESS, July 4, 1776" at its top, because that is the day the approved version was signed in Philadelphia. Today, 25 known copies of the Dunlap Broadside remain including one on display at the National Archives.