



October 2025

BENEFIT NEWS

UMR

The new plan year will begin October 1, 2025. Please make sure your new deductions and coverage information is correct. There were no changes made to the plans, so if you did not make changes at open enrollment, you will not receive new ID cards. New enrollees should already have your new ID cards and information on how to load the HealthJoy app that includes a wallet with your ID cards.

HEALTHJOY

In addition to the many benefits offered through the HealthJoy app, if you need a primary physician to complete your biometric screening for the wellness program, you can access one via the Virtual Primary Care feature. It offers whole-person care, anywhere, with preventative screenings, chronic conditions diagnoses, mental health screenings and more.



TELADOC

Teladoc offers general medical care 24/7 for non-emergency conditions like cold, flu, sinus infections and allergies at no cost. You can also access Nutrition and Dermatology consults for a fee.



VITALITY WELLNESS PROGRAM REMINDER

Please make sure you complete the three required steps to earn the premium incentive. It is possible to earn enough points to reach silver, gold and platinum status while missing at least one of the first two following steps:

1. Complete health risk assessment
2. Complete biometric screening
3. Earn at least 2,500 points for employee or 3,500 for employee and spouse (silver)

All three steps are required to earn the premium incentive.

New members can register at www.powerofvitality or use the QR code below to get started. The deadline for completing program requirements is December 31, 2025.

